

Established 2012

**NATIONAL COLLEGIATE
GRAPPLING ASSOCIATION**

**2018
Grappling Plan**

***Dedicated to Expanding Athletic Opportunity
to Tomorrow's Leaders***



National Collegiate Wrestling Association

A message from Jim Giunta - NCGA Executive Director

VISION, VALUES & PURPOSE

The NCGA and NCWA have a combined vision that has at its core increased leadership opportunities, grappling competition, community involvement and academic excellence for all students.

Founded in 2013 as part of the NCWA, NCGA was designed to fill a gap in the grappling community.

Until now grappling has been solely a non-educational combative, and as such does not typically reflect the values of leadership, education and sportsmanship that college athletics provides. The NCWA has stepped in to help provide collegiate grappling opportunities to the increasing number of high school seniors searching for both academic excellence and grappling competition at the college level.

The NCWA functions to provide both a spawning ground for new grappling programs and a governing body for competition, communication and promotion of collegiate grappling for our member institutions. We focus on offering expanded opportunities for collegiate style wrestling and grappling at all levels.

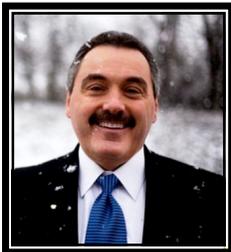
Our Vision is to elevate mixed martial arts to the sportsmanship levels of other college athletics. To remove the hoodlum image promoted by the current MMA establishment and to substitute quality, educated, athletes that display the sportsmanship that others in education & sports can be proud to be associated with.

Our duplicatable model uses combative sports as a platform to teach students hands on leadership skills including: budgeting, conflict resolution, time management, fundraising, scheduling, bargaining & negotiation, motivation, discipline and work ethic. Mentors guide athletes in the development and oversight of a successful non-profit organization using a wrestling program business model.

Despite the fact that grappling continues to be the fastest growing area of sports interest, most Institutions have been unable to offer grappling opportunities for their students under their current NCAA or NAIA administrative structure. The NCGA helps build programs under alternative administrative departments including student services and sport club departments.

Because NCGA teams may be funded by students themselves and outside community resources, there are limited budgetary concerns for the institution.

The NCGA is composed of volunteers committed to helping our young people accomplish their goals and dreams, and to reach for excellence in everything they do. Through athletic endeavor, academic excellence, team leadership responsibilities and community involvement, NCGA student-athletes leave college ready to meet the demands of a competitive world.



www.ncwa.net

We encourage you to take the next step in expanding the way your school sees student involvement in athletics. Join us in changing lives.

Jim Giunta

EXPANDING ATHLETIC OPPORTUNITY TO TOMORROW'S LEADERS

NCWA

National Collegiate Grappling Association

2018 GRAPPLING PLAN

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National Collegiate Wrestling Association

2018 GRAPPLING PLAN

(as of: 3/20/18)

Text in **RED** denotes changes effective for the 2018 season
Text in **BLUE** denotes changes suggested for the 2019 season

Important NCGA Dates:

- **4/15/18** - Individual Athlete Electronic Registration begins
- **5/1/18** - 2018 Competition Season begins
- **9/1/18** - All Renewal Membership Fees must be paid by this date
- **7/29/18 - 8/3/18** – NCWA, NCGA and NWCA National Convention
Site: Daytona Beach, Florida
- **9/15/18** - Deadline for Individual Athlete Electronic Registration
- **10/12/15 - 10/13/15** - NCGA National Collegiate Grappling Championships
Site: TBD

SECTION 1 -- NCGA MEMBERSHIP

Article 1.1 -- REGULATORY AUTHORITY

The National Collegiate Grappling Association was organized in 2013 as an association designed to promote, support and regulate grappling on the college and university level. The member schools give regulatory authority to the NCGA. Institutions of higher learning may apply for membership through the NCGA Executive Board. All junior colleges, colleges and universities, both private and public, are eligible for membership in the NCGA.

Article 1.2 -- ELIGIBILITY OF SCHOOLS

The Executive Board, along with the Legislative Council and the Judicial Committee, function to provide the administration, regulation, and promotion of amateur grappling at the college level for all member institutions. Membership in the NCGA is open to all institutions of higher education. Currently recognized Judo, Jiu-Jitsu, Boxing, Wrestling, or MMA clubs are eligible for membership. Member teams are generally chartered under the jurisdiction of the sport club activity coordinator but may be chartered in any department granted the administrative authority by the member institution.

The NCGA and the NCAA requires that every competitive program have a Head Coach and Team President. The Coach or President must be CPR certified bi-annually and first-aid certified every 3-years. The date of their certifications should be submitted on the Membership Application Form. Coaches must register with the NCGA and there by carry a minimum of \$1,000,000 Liability Insurance issued through the NCGA.

Article 1.3 -- MEMBERSHIP OF NEW SCHOOLS

New Schools may apply for membership in the NCGA by first contacting the NCWA Executive Director Jim Giunta at: **214-378-9900** or by email at **jim@ncwa.net**.

Upon receiving the initial contact with the NCGA Executive Director, a 'due diligence' will be performed in order to verify the information and clarify any questions with the Administration of the applying institution.

No new schools are accepted after September 1st of each season unless approved by the Executive Board of Directors.

Article 1.4 -- GRAPPLING PROGRAM

Membership Renewal:

All participating member schools must renew their membership each year. The Annual Membership Application Form is available on the NCGA website. An annual membership fee will be due between **January 15th and June 15th** each season. A late fee of \$50 per month will be assessed any team not submitting their annual renewal payment in a timely manner. The due dates and applicable fines are listed on the Team Membership Application Form. All Membership Dues and Late Fees must be paid for a team and its members no later than **September 1st** of each season in order to be eligible to enter competition at the Conference Championships.

Article 1.5 -- MEMBERSHIP FEES

Membership Fees:

-- Team Annual Dues \$465 -- 2018 Season

-- Individual Athlete Registration is \$65 per Grappler

Gaining Full NCGA Membership:

After a team's provisional year, they are automatically moved to full membership in their respective division provided they were able to comply with all NCGA eligibility and competition rules as well as adhering to NCGA best practices.

Teams that are reprimanded during a season for non-compliance with NCGA rules may be require an additional provisional year. Continued compliance violations may result in Probation or dismissal from the association for a year or more.

Article 1.6 -- NCGA "FULL MEMBER" BENEFITS

Full NCGA Membership, whether provisional or permanent, include the following benefits:

- ⊛ \$1,000,000 / 3,000,000 Liability Insurance
- ⊛ Supplemental individual \$10,000 accidental insurance for properly registered, and cleared, NCGA grapplers.
- ⊛ * Post Season National Championship
- ⊛ Academic Scholar Athlete Honors
- ⊛ All-American & National Champion Honors
- ⊛ Graduates receive a free 3-year membership in the NCGA Alumni Association
- ⊛ Each team is supplied with one copy the *USA Grappling Rules and Interpretation Book*
- ⊛ The NCGA's national web page at **www.TheNCGA.org**

- ✦ National administrative and rules compliance support
- ✦ Coaching Clinics and Coaches education through ClinicCentral.org
- ✦ The NCGA works with member teams to promote their program to their student body, their community and the national media
- ✦ Teams receive special pricing with Exclusive Vendors for supplies & equipment
- ✦ Collegiate State Championship Tournaments where three member teams exist
- ✦ Annual NCGA Vision Forum & Coaches Convention
- ✦ Team Fundraising through NCGA initiatives – clinics, letters, sales etc

Losing Membership: Teams may forfeit membership in the NCGA through serious or repeated violations of the NCGA Grappling Plan, or after two years of past due Association dues.

SECTION 2 -- ELIGIBILITY OF GRAPPLERS

Article 2.1 -- NCGA REQUIREMENTS FOR GRAPPLERS

NCGA grapplers are limited to a total of 4 years of competition (consecutive or not) while the Grappler is enrolled in an undergraduate or graduate degree program.

Student-Grapplers must be currently enrolled in a matriculating program, verified by the school Registrar, satisfactorily progressing toward a degree, or equivalent, and attending a minimum of six (6) units during the NCGA season regardless of the school's academic calendar. While competing, if classes are in session, the grappler must be attending classes. Athletes that have graduated remain eligible through the season end.

Student-Grapplers must maintain a minimum 2.0 cumulative GPA after their freshman season in order to compete.

Graduating seniors are exempt from the 6-unit requirement if they will complete their graduation requirements at the end of the semester. Graduating seniors remain eligible to compete for their team up to six months after graduation

An institution shall not permit any grappler to represent their team in collegiate competition within the NCGA unless that grappler maintains the minimum academic eligibility requirements of that institution. It is the responsibility of the individual grappler, and his coach, to monitor academic status. The NCGA does not track individual academic performance but will uphold the academic institution's decisions regarding eligibility. However, in order to compete in the post season Championships, a grappler must have a Cumulative Overall Grade Point Average (GPA) of 2.0 or better after 1 year of eligibility, as verified by the school's Registrar.

To certify eligibility, all Student-Athletes must electronically register with the NCGA. Only properly registered athletes are eligible to compete on, or for, any NCGA member institution during the competition season. No grappler may practice, compete, or travel in any NCGA event until their Individual Grappler Electronic Registration and their Waiver and Release of Liability Form have been properly completed, submitted, and received by the NCGA. Deadline for submitting the Individual Grappler Electronic Registration is **September 1st** of each season.

Any NCGA team that enters an ineligible grappler in a competitive event during the season shall be fined according to the Team Penalties Fines Schedule chart (*see Section 10*) and shall forfeit all competitions in which the ineligible Grappler competed. All team points and all individual "National NCGA Points" will be lost to the team and its members. Additional violations may result in sanctions and fines, including but not limited to, a team being banned from competition within the NCGA for a calendar year or longer.

Article 2.2 -- INDIVIDUAL GRAPPLER REGISTRATION

Step # 1: "INDIVIDUAL WAIVER AND RELEASE OF LIABILITY" FORM

This form is to be completed during registration on the NCGA website. The Grappler must add their electronic signature as well as signify their understanding of compliance with all NCGA rules.

When the properly completed Waiver and Release of Liability Form is received, and the grappler has electronically submitted their Individual Grappler Electronic Registration with appropriate fee on the NCGA website, the NCGA will clear the athlete for practice, travel and competition.

No grappler may participate in any practice, competition, nor travel as part of an NCGA program before the completion of this two-step process. Only after both forms (Waiver and Release of Liability and Electronic Registration) are completed online and received by the NCGA, is the grappler covered under the NCGA liability and secondary injury coverages.

Step # 2: INDIVIDUAL GRAPPLER ELECTRONIC REGISTRATION

Individual Grappler Electronic Registration – April 15th thru September 1st

Before the beginning of any practice, competition, or travel, **all athletes** are required to be electronically registered on the Official NCGA website.

Individual Grappler Electronic Registration opens **April 15th**; the deadline is **September 1st** of each season. Electronic Registration costs **\$65** per grappler (*Cost is adjustable by the NCWA Executive Board*).

The registration fee may include secondary accidental injury coverage during the official NCGA season. Payment will be required at the time of the registration and will only be payable by credit / debit card on the NCWA official website. Only grapplers who have electronically submitted their Individual Grappler Electronic Registration, and have submitted their signed Waiver and Release of Liability Form, will appear on the team's roster. NCGA **member institutions may** assume that grapplers who appear on a **team's roster within** the NCGA website have met all of the above eligibility requirements.

As new members join a team, they may not practice, travel, or compete in any NCGA event until their Individual Grappler Electronic Registration and Waiver and Release of Liability Form have been properly completed and submitted to the NCGA.

Best Practice Guideline: For safety considerations, it is recommended that a team member have a minimum of 30 practice sessions before entering any competition.

Article 2.3 – TEAM AND ATHLETE INFORMATION

Contact Information: Each member team **must** maintain its contact information on the official NCGA website at all times. It is the responsibility of the Head Coach, or in the absence of a Head Coach, the Team President, to keep all email addresses, phone numbers, and mailing addresses current. This will include accurate, up-to-date contact information, current athlete records and biographical information including an appropriate individual photo, a schedule of events and competitions.

Reporting Results: All teams must post their dual and tournament results in a timely manner. Home Teams must report the results within 4-hours of the end of the event; Visiting Teams must report their results within 48-hours of the event. Failure to do so may result in league fines.

Athlete Records / Stats: An athlete's individual record **and statistics (including tournament results, competition stats, etc)** must be reported on the NCGA official website within **5 days** of the competition in order to be considered as a valid competition/weigh-in. (*see penalty list in SECTION 10*)

In addition to competition results, each grappler should post their "head shot" on the NCWA website, team page in the grappler's individual bio page.

Article 2.4 -- NCGA LIABILITY AND INSURANCE STATEMENT OF POLICY

The NCGA functions only as an organizational body and does not accept any liability for athletes during practice, travel, and/or competition. Grapplers and Clubs / Teams must be insured by the **liability coverage** of their respective school. Most programs are automatically covered by virtue of their officially recognized school status. All athletes are required to carry personal health or injury insurance coverage. In addition, the NCGA may choose to carry liability insurance and, at its discretion, cover member athletes and institutions.

SECTION 3 -- COMPOSITION OF TEAMS

Article 3.1 – TEAM STAFF COMPOSITION

Each member team has various duties required by the NCGA. The responsibilities that are outlined below are not restricted to the named individuals but may be shared as needed for each team. The team may be coached by an individual hired for that purpose or by a student. However, the school's policy in this matter will be the rule. In order to share the duties, the following structure is recommended for the team:

a) Head Coach: has the responsibility for scheduling events, monitoring practices, responsible for team conduct during competition, electronically registering athletes each year on the NCGA website, and submitting signed Waivers and Release of Liability Forms to the NCGA via fax or email.

The NCGA requires that the Head Coach of each team be CPR certified bi-annually and first-aid certified every 3 years. The date of their certification should be submitted on the Membership Application Form. Participation in the NCGA on-line Coaches' Poll is limited to member teams and Conference Board members. Coaches must register on the official NCGA website before the beginning of each season.

b) Team President: has the responsibility for establishing an appropriate liaison between the team and the school's administration, overseeing the proper payment of Annual Membership Fees and team fines, and overseeing the appropriate registration of grapplers with the NCGA. The NCGA and the NCAA recommend that the Team President of each team be CPR certified annually and first-aid certified every 3 years. The date of their certification should be submitted on the Membership Application Form.

c) Team - Sports Information Director (T-SID): is responsible for communicating news about the team throughout the year, keeping their NCGA team website current, reporting team competition results, and updating athletes' records and rankings, etc.

Each T-SID must submit a minimum of two (2) articles per season to the NCGA website. One article must be submitted no later than June 1st; the second article must be submitted no later than September 1st. However, there is no maximum on the number of articles. Failure to submit the minimum 2 articles may result in a \$20 penalty for missing each deadline. (*see penalty list in SECTION 10*).

d) Team Compliance Officer: Each team must have an individual (*school staff or team member*) who is responsible for monitoring the rules and regulations of the NCGA, NCAA and other eligibility requirements of their institution.

e) Alumni Director: Each team should **recruit an alumnus to serve** as a liaison between the NCGA, the team and the school's Alumni Association who would be able to gather information on NCGA alumni (*current contact information*).

SECTION 4 -- COMPETITION

Article 4.1 -- RULES OF COMPETITION

NCGA will comply with the published rules of competition as distributed by USA Grappling. The current edition of the NCGA Grappling Rules and Interpretations will be observed unless otherwise revised by the NCGA Executive Board, Legislative Council, and / or the Judicial Committee.

During the season, NCGA member schools may **host** competition only between grapplers and teams that are active members of the NCGA. All matches will count toward the NCGA records and national NCGA points if the hosted event was officiated by an NCGA Registered Official representing a recognized sanctioning Officials association.
(see Section 4.6)

Defining an 'Open Tournament': During the competition season, an **Open Tournament**, hosted by an NCGA team, is defined as a competition **ONLY** open to currently collegiately eligible members of a nationally recognized collegiate grappling association. NCGA may attend and compete in open grappling events conducted by recognized non-collegiate, but fully insured, associations such as USA Grappling

Article 4.2 -- COMPETITION SEASON

The official NCGA 2018 competition season will begin on **May 15, 2018** and will conclude with the presentation of awards at the National Championships in October of 2018. During the competition season, rules contained in the NCGA Grappling Plan, will apply.

The NCGA does not set maximum limits on the time and conditions of practice or competition. The number of competitive events, practices, schedules and times are only limited by the individual member institution.

All NCGA Teams are required to host (or co-host) at least **two events over two (2) seasons** (dual, triad, quad meet or tournament). Failure to comply may result in league fines.

Article 4.3 -- SCHEDULES

Schedules for each Member Team should be published on the NCGA website by **May 1st**. Failure to post team schedules by the deadline could result in a \$50 fine assessed to the team. Available tournament and dual competitions are located in the "Schedules" section of the official NCGA website. **Schedule may be changed but if an event is posted, a result is expected to be reported. Failure to report will be subject to league fines.**

(see penalty list in SECTION 10)

The NCGA strongly encourages the use of **Competition Contracts** for all events. Further, the NCGA will arbitrate event disputes only if all involved parties have signed an NCGA Competition Contract. NCGA Competition Contracts are available on the NCGA website under "forms." The form is available in PDF format and MS Word format. In the MS Word format, a coach may be able to enter information onto the form so that it can be sent to the invited team(s) in a more readable format.

Article 4.4 -- 2018 DIVISIONS AND WEIGHT CLASSES

The NCGA has approved **3** Divisions and **6** weight classes for competition

Divisions are defined by academic standing, experience & team size within the institution as follows:

Division III **1st year teams / Student Coach Ok.**

Division II **2 years of experience, teams > 8 registered Athletes, Coach**

Division I **3+ years of experience, Teams > 12 Registered Athletes, Coach**

Each Division is composed of 6 weight classes as follows:

135 -- 149 -- 164 -- 185 -- 215 -- 265 (min. 195)

Each Division has specific limitations on legal moves for competition.

Grappling is defined as a combination of Wrestling, Submissions, Strikes, Throws, Kicks and Jujitsu.

Division III Squad – DIII will compete using USA Grappling Rules. and will use a combination of Takedowns, Throws, and Submissions. There is no striking or Kicking of any type permitted in DIII

Division II Squad – DII will compete using USA Grappling Rules with the added aspect of striking. Striking is only permitted while the grapplers are on their feet using an Open Hand to gain position.

Division I Squad – DI adds additional mixed martial arts techniques, defined as illegal for Divisions II & III, to their skill sets used during competition. Closed hand striking is permitted but only below the neck. Striking on the ground or to the head and face is never permitted. Kicks below the neck are permitted.

Article 4.5 -- Weight Control

NCGA has developed a separate weight control plan for member grappling programs which is detailed in a separate document titled **Weight Control Plan** available on the NCGA website.

Article 4.6 -- GRAPPLING OFFICIALS

All NCGA hosted matches, whether dual format or tournament format, must be officiated by a **registered** NCGA Referee. USA Certified Officials should be used when at all possible. Other Officials that are acknowledged by a national or state sanctioning association are also permitted, but all Officials must be **registered** on the NCGA website. Failure to use a registered NCGA Official will result in a league fine (*see penalty list in SECTION 10*).

At NCGA hosted events, it is the responsibility of the host team to provide the NCGA registered Official(s). Currently, the Official's registration is free. NCGA Official's merchandise is available through the NCGA

NCGA Officials are required to report any Flagrant Misconduct (FMC) on the part of grapplers and/or coaches within 48-hours of the incident by email to the National Compliance Officer (compliance@ncwa.net)

Evaluation of Officials: The NCGA has "Evaluation of Officials" forms that can be used throughout the year. The forms are available on the NCGA website. One evaluation is formatted in PDF and can be downloaded and made available at mat side. The other evaluation is also in PDF and can be used when needed by the coach from their own computer and submitted via email.

Article 4.7 -- CODES OF CONDUCT (adopted from NCAA Rules and Interpretations)

COACHES' CODE OF CONDUCT:

It is the moral obligation of all collegiate grappling coaches to conduct themselves in such a way as to reflect credit upon their institutions, their profession and themselves. Personal grooming and appropriate dress is a standard of professionalism. Jeans, T-shirts, sweatsuits or warm-up suits (top or bottom), headwear, and similar apparel are not considered suitable attire and are prohibited. Moral obligation and ethical conduct are part of winning and losing. Good sportsmanship, appearance, pride, honor and concern for the well-being of the competitors should be placed before all else. The rules have been established in the spirit of this statement.

STUDENT-ATHLETES' STATEMENT OF CONDUCT AND RESPONSIBILITY:

It is the responsibility of all grapplers to conduct themselves in such a way as to reflect credit upon their institutions, the sport and themselves. Further, all grapplers should realize that their personal appearance, behavior and standards are related closely to the image of the sport as perceived by all segments of the public and grappling communities. This applies to conduct as a competitor on the mat, while attending the event, while traveling to and from the event, and conduct both on and off campus. Moral obligation and ethical conduct are part of winning and losing. Good sportsmanship, pride, honor and personal behavior should be placed above all else. The rules have been established in the spirit of this statement.

REFEREES' CODE OF CONDUCT:

Grappling referees have the responsibility for conducting bouts in a dignified, professional and unbiased manner and shall deal with all situations in the spirit of good sportsmanship and in the best interest of the grapplers and the sport. The character and conduct of referees must be above reproach. When in uniform or on site, a referee shall not fraternize with contestants and / or coaches. Referees must keep themselves prepared both physically and mentally to administer bouts. Referees will enforce the rules firmly and fairly in both letter and spirit in such a way that attention is drawn to the grapplers rather than themselves.

SPECTATOR SPORTSMANSHIP:

The NCAA (*and NCGA*) promotes good sportsmanship by student-athletes, coaches and spectators. We request your cooperation by supporting the participants and officials in a positive manner. Profanity, racial or sexist comments, or other intimidating actions directed at officials, student-athletes, coaches or team representatives will not be tolerated and are grounds for removal from the premises.

SECTION 5 – ADMINISTRATIVE STRUCTURE

Article 5.1 – NCGA EXECUTIVE BOARD

The Executive Board of the NCGA will consist of the following NCWA board members:

Board of Directors:

- Executive Director: Jim Giunta (*jim@ncwa.net*)
- Assistant Executive Director: Steve Davis (*steve@ncwa.net*)
- Executive Secretary / Treasurer: Lelan Brotheman (*lelan@ncwa.net*)
- National Director of Development: Bryan Knepper (*coach.knepper@gmail.com*)
- National Compliance Officer: Kevin Andres (*compliance@ncwa.net*)

The NCWA Executive Board will serve as the final arbitrator for all rule interpretations, and, along with the Judicial Committee, has the authority to remove or suspend any program or coach that it deems to be detrimental to the Association.

Article 5.2 – JUDICIAL COMMITTEE

The NCGA Judicial Committee will consist of the following voting members:

- NCWA Executive Director
- NCWA Quality Enhancement Director
- NCWA National Compliance Officer
- NCWA Legal Council

plus the following membership to be appointed by the Executive Director:

- NCGA Grappling Official
- Active NCGA Coach

Article 5.3 – LEGISLATIVE COUNCIL – “The Rules Committee”

The NCGA Legislative Council will consist of the following voting members:

- 5 members of the NCWA Executive Board
- NCGA Head Official

The Legislative Council will be responsible for formulating the necessary rules and regulations applicable to the NCGA and the NCWA and its member schools.

Article 5.4 – NATIONAL - SPORTS INFORMATION DIRECTOR (N-SID)

The **National - Sports Information Director (N-SID)** is responsible for communication of NCWA directives, schedules and results to all media sources including, but not limited to, radio, television, newspapers, periodicals and electronic communications.

Scott Farrell will hold this position. **Scott Farrell email: (ncwasid@yahoo.com)**

It is recommended that each NCGA member team designate a Sports Information Director (T-SID) for timely reporting information to the media and the NCGA's N-SID.

Article 5.5 – NATIONAL COMPLIANCE OFFICER

The **National Compliance Officer** is responsible for: **email: (compliance@ncwa.net)**

- a) investigating reported rule infractions
- b) presenting his findings to the NCGA Judicial Committee
- c) informing the involved parties of the Board's decision and resolutions of the problem

Kevin Andres Ottawa University is the National Compliance Officer for the current season.

The National Compliance Officer is to inform any offender of their violation. All national level violations will be fined accordingly and all monies will be deposited in the **NCWA treasury**.

Article 5.6 – NATIONAL COMMUNICATION DIRECTORS

The **National Communication Director** is responsible for:

- a) developing, designing and maintaining the official NCGA website (**www.thencga.org**)
- b) responsible for the electronic registration of grapplers
- c) monitoring the individual insurance policy program
- d) responsible for all insurance issues and claims

Chase Giunta (me@chasegiunta.com) is the current Director

Article 5.7 – NATIONAL DIRECTOR OF PROMOTIONS

The **National Director of Promotions** will be responsible for:

- a) Oversight of NCGA national promotions
- b) Publication offerings to national media and NCGA members
- c) Media communications concerning NCGA event and athletes
- d) Awards and recognition of outstanding promotions by member teams
- e) Sales and marketing of NCGA Clinics, DVD's and other items

Article 5.8 – ADVISORY BOARD

The NCWA Advisory Board will consist of the following non-voting members plus other members to be developed: Medical Advisor, Legal Consultant, National Publication consultant, an MMA Owner, UFC Grappler, Bellator Grappler, along with any additional specialists that the Executive Board considers necessary.

- Bellator

- **King Mo Lawal -- former NCAA All-American -- Oklahoma State**

- UFC

- **Tom Lawlor -- 3x National Champion -- University of Central Florida**
- **Tony Ferguson -- National Champion Grand Valley State University**

- Legacy Sports

- **Mick Maynard - Owner Legacy Sports – Houston, Texas**

Article 5.9 – ADVISORY BOARD’S SUB-COMMITTEES - 2013-14

Events Committee:

Chairman: Jim Giunta - NCGA Director -- jim@ncwa.net

Alumni Committee:

Chairman: Dalton Souders – texasduke@gmail.com

Financial Development Committee:

Chairman: John Piper - Lafayette College -- piperj@lafayette.edu

Promotions Committee:

Chairman: Chase Giunta – me@chasegiunta.com

NCWA Quality Enhancement Committee (D-1 – D-2 Concepts):

Chairman: Bryan Knepper — coach.knepper@gmail.com

Article 5.10 – NCGA BOARD COMPENSATION

All Board members are volunteers. No compensation is paid for any services rendered. The Board members may request expense reimbursement from the Executive Secretary/Treasurer in advance of incurring an expense on behalf of the Association.

Currently, most expenses for promotion of the NCGA will be the responsibility of the respective volunteer. We anticipate some expenses being reimbursed as the Association begins to accept money through fundraising and donations. The NCGA does NOT anticipate that it will pay any type of compensation to the directors, volunteers or organizers in the near future but does reserve the right to make such payments if the treasury allows.

SECTION 6 – FINANCES

Article 6.1 – FUNDRAISING

Schools and teams may raise funds for their local programs through sponsorships, tournaments, sale of items **and/or services as well as through direct donations.**

Fundraising activities must be in total compliance with any and all rules specific to their own school policies regulating these activities. The NCGA will not disallow methods approved by the local academic institution.

The NCGA requires that all funds be deposited in separate accounts, specifically designated for team use. The funds, however, may be placed in a joint account with the school’s recreational sports department or athletic department and must follow all proper accounting procedures.

The NCGA reserves the right to all name and logo rights involved with items sold or sponsorships obtained. Permission to use the NCWA or NCGA logo, or name, in conjunction with any fundraising, or any other event, must be approved in writing. To obtain approval, contact the NCGA Executive Director.

SECTION 7 -- NCGA COLLEGIATE STATE CHAMPIONSHIPS

The NCGA will encourage Open State Collegiate Championships for any and all member schools of the NCGA.

The state must have at least 3 NCGA active member schools in the state **to be a sanction NCGA event;**

Regional (*i.e.: geographical*) Championships may also be supported by the NCGA and must have a minimum of 3 participating NCGA teams involved.

SECTION 8 -- NCGA NATIONAL CHAMPIONSHIPS SERIES

Article 8.1 – NCGA NATIONAL CHAMPIONSHIP QUALIFIERS

The NCGA will sanction national qualifying events. Events will be “Invitation Only” Tournaments or Duals and will be part of a series of events in which national points will be accumulated that will move an athlete or team closer to a national championship title. Individuals and teams will acquire points that determine the final teams or individuals competing in the title events.

SECTION 9 -- NCGA AREAS OF RECOGNITION & SUPPORT

Article 9.1 -- NCGA SCHOLARSHIPS

The NCGA will be actively soliciting scholarship opportunities for its athletes. Scholarship applications must be submitted to the NCGA Scholarship Committee two (2) months before the semester for which funds are required.

- 1) No NCGA scholarships will be given for the purpose of recruiting high school graduates;
- 2) The NCGA will not limit scholarships within the NCAA guidelines;
- 3) Only active members of the NCGA grappling teams who have at least one year of competition history with the NCGA team will be eligible for NCGA scholarship awards.

NCGA Scholarships will be based on the following criteria, which may be modified at any time by the Executive Board:

- 1) Overall team participation within the NCGA;
- 2) Attitude, example and leadership of the individual;
- 3) NCWA Ranking Points acquired by the eligible grappler;
- 4) Academic achievements;
- 5) Number of years on the team;
- 6) Financial need;
- 7) Letters of Recommendation.

All scholarship awards will be processed for payment through the NCGA, under the direction of the Scholarship Committee.

Corporate Scholarship applications must be submitted by December 31st to the Scholarship Committee, as directed on the application form found on the NCWA website.

Article 9.2 -- SCHOLARSHIP AWARDS TRUST FUND

The NCWA has established a Scholarship Awards Trust Fund, which will generate the needed money for distribution. After the fund assets reach \$10,000, then the NCWA will be able to distribute the funds to the NCWA & NCGA as follows:

- Fifty percent (50%) of all funds donated in a fiscal year will be distributed to recipients in the next two (2) award cycles.
- Fifty percent (50%) of all scholarship revenues donated in a fiscal year will be deposited into the NCWA Scholarship Trust Fund.
- Sixty percent (60%) of the earnings generated by the Scholarship Trust Fund will be distributed to recipients annually. When the Trust reaches \$1 million, 70% of the earnings will be distributed; at \$10 million, 80% of the earnings will be distributed; at \$100 million, 90% of the earnings will be distributed.

Article 9.3 -- NCGA - NCWA "ALL-ACADEMIC TEAM" AWARDS

NCGA – NCWA All-Academic Team: Grapplers with a **cumulative** grade point average of 3.25 or higher, and have met the eligibility requirements to wrestle / grapple in post-season competition, will be considered for this award.

Applicants must be full-time students and have completed at least **2 full semesters** of classes to be eligible. GPA records will be collected from the Conference Academic Eligibility forms.
First-year grapplers, and Freshmen are not eligible for this award.

SECTION 10 -- Team Penalties - Fines Schedule:

	<u>1st Offense</u>	<u>2nd Offense</u>	<u>3rd Offense</u>	<u>4th Offense</u>
-- Use of Non-NCGA Registered Official	\$50	\$100	\$200	Disqualification
-- Competing with a Non-Registered Athlete	\$50	\$100	Disqualification	
-- Not reporting results / late results	Warning	\$50	\$50	\$100
-- Inaccurate contact info on NCGA website	Warning	\$50	\$50	\$100
-- Team SID Article not submitted	\$20	\$20		
-- Failure to Host an Event each season	\$100	\$250	\$500	
-- Failure to update Athlete's Records within 5 days	\$20	\$50	\$100	\$500

SECTION 11 --

COACHES' REPRIMANDS & DISCIPLINARY ACTIONS

When it has been alleged that a team or coach is in violation of the NCGA rules, the offending party shall be notified of the allegations and will be given 10-days to provide an appeal. If it is ultimately ruled that a violation did occur, notification shall be sent to the school's administration. Notice of the offense will be posted on the secured section of the NCGA website as a Section 10 Violation.

MEDICAL ADVISORY on CA-MRSA

(Community Associated - Methicillin-Resistant *Staphylococcus aureus*)

A great deal of concern has been expressed by the grappling community about various infections that plague our sport. The items below list ways to help prevent CA-MRSA from eliminating your team from competition due to serious illness and/or death. CA-MRSA is a community spread version of methicillin-resistant *Staphylococcus aureus* (MRSA). The items below were published in a recent article in Reader's Digest (8/07). Please take this situation seriously and take appropriate action to prevent contracting or spreading this disease.

How to Protect Your Team.

CA-MRSA is usually spread by skin-to-skin contact with infected people while playing sports like football or grappling, for example, as well as giving hugs and handshakes. Doctors recommend these steps:

Keep your hands clean.

Washing with soap and warm water several times a day is the single best way to combat staph. Teach grapplers to rub their hands briskly under running water for at least 15 seconds. Carry alcohol-based hand sanitizer (*Purell*, *Germ-X*) for times when soap and water aren't available. It's also helpful to keep fingernails short and to discourage nose picking.

Cover cuts and scrapes.

Any wound should be washed with soap and water, then covered with dry, sterile bandages until it heals. Apply a clean dressing daily. Pus from infected sores can contain CA-MRSA, so it's also important to wash your hands after changing bandages to avoid spreading staph.

Don't share personal items.

Tell your grapplers not to use friends' and teammates' towels, washcloths, clothing, uniforms or razors. People who appear perfectly healthy can still be CA-MRSA carriers. Shared sports equipment, such as helmets and gym mats, should be cleaned with an antibacterial solution after every use.

Sanitize gym clothing and linens.

If anyone on the team has a cut, sore or infection, wash bedding and towels in hot water with added bleach. Wash sports clothing and washable athletic gear with laundry detergent after each use. Drying laundry in a hot dryer, not on a clothesline, also helps kill bacteria.

Remember flu shots.

Since the flu lowers resistance to CA-MRSA, being vaccinated every year helps protect against both diseases. The best time to get the shot is in October or November.

Get tested.

If you have a skin infection that needs medical treatment, ask the doctor to check for CA-MRSA, which responds only to certain antibiotics. Many MDs prescribe the wrong drugs because they don't do a test. That can worsen the infection. Until recently, diagnosis typically involved doing a culture. But it takes up to 48 hours to grow the bacteria in a lab, meaning that people could continue to spread the infection while waiting for lab results. In April, 2007, the FDA approved the one-hour Xpert MRSA test, which uses DNA technology to check the nose for the superbug. That gives hospitals a fast, reliable way to screen patients for MRSA before admission. Next year, the test's manufacturer, Cepheid, expects approval of a DNA test for use on tissue samples from infected areas, giving doctors another tool for rapid diagnosis.

Be sure to take all your prescribed medication.

Even if your skin heals, be sure to take all of the prescription. Bacteria you leave alive today can morph into tomorrow's superbugs.

Recommended Actions for Teams and grapplers:

- 1) Mandatory showers after practices and events
- 2) Shower, or at least wash-up, between matches in a tournament
- 3) Mop / sanitize the mats before every practice and event; do it again before storing mats after practice
- 4) Mop / sanitize the mats between rounds of a tournament
- 5) Wash all practice clothes, knee pads, head gear, boxing gloves, shorts, warm-ups, etc. after use
- 6) Clean shoes before walking onto mats

For more information, please contact the NCGA Executive Director (Jim Giunta) at:

214-378-9900 x 107

e-mail: jim@ncwa.net

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The logo for SMI AWARDS features the letters 'SMI' in a large, stylized, white font with a red dot above the 'i'. To the right of 'SMI', the word 'AWARDS' is written in a smaller, white, sans-serif font. The entire logo is set against a black rectangular background.

We're making history.
All over again

The logo for KNOCKOUT SPORTSWEAR features a blue globe icon on the left. To the right of the icon, the word 'KNOCKOUT' is written in a large, white, sans-serif font, and 'SPORTSWEAR' is written in a smaller, white, sans-serif font below it.